

Annual General Meeting: 13:30, Tuesday 4 March 2025, Dean Court Community Centre, OX2 9DG

Shortly before the meeting, members will receive full details of how to participate online.

AGENDA

1. Apologies for absence
2. Approval of Minutes of the Annual General Meeting on 12 March 2024
3. Adoption of Chair's report
4. Approval of financial statement for calendar year 2024
5. Working Age Group report
6. Thanks to the outgoing committee
7. Election of committee for 2024-2025 (see nominations below)

Position	Candidate	Comments
Chair	Elly Robles-Rodriguez	These positions will be proposed and seconded from the floor
Treasurer	Carys Redmond (interim)	
Vice Chair	Martin Cowell	These positions will be elected en bloc from the floor
Committee Secretary	Barbara Levick	
Communications Secretary	Josey Carpenter	
Speakers/Programme Lead	Peter Thompson	
Research Lead	Kevin McFarthing	
Membership Secretary	Nigel & Debbie Hamilton	
Newly Diagnosed Support	Nick Wrigley	
Respite Care	Dean Stowell	
AV/Digital Support	Jonathan Bromley	
Branch Ambassador	Sally Bromley	
OXWAG Lead	Trina Wilcock	
First Steps Lead	Paul Latham	
Carer Lead	Claire Toplisek	
Community Services	Pamela Hutchinson-Collins	

8. Welcome to the new Committee
9. The formal meeting closes

The meeting will continue with other items of interest, including a research update and refreshments.

Minutes of the Annual General Meeting held on Tuesday 12 March 2024 at Cherwell School

Present: 72 Members were present, either in person or via Zoom link. Please see [the full minutes on the website](#) for details.

- Apologies:** 73 members sent apologies. Please see [the full minutes on the website](#) for details.
- The **Minutes of the Annual General Meeting 2023** were approved.
- The **Acting Chair's Report was adopted.**
- Steve Duhan presented the **Financial Summary for the year ended December 31st 2023**, which was printed on the back of the AGM papers. The Financial Summary was approved.
- Trina Wilcock outlined the activities of the **Working Age Group** for the preceding year.
- All **Committee members were warmly thanked**, with special thanks to Martin Cowell for his work as Acting Chair.
- Abi White, Parkinson's UK Regional Lead South East, took the Chair for the elections.

Position	Candidate	Proposer	Second
Chair	Rebecca Berry	Martin Cowell	Sally Bromley
Vice Chair and Visits and Outings Lead	Martin Cowell	Rebecca Berry	Kit Marriott
Committee Secretary	Barbara Levick	Lona Fedorowicz	Steve Duhan
Communications Secretary & publications	Josey Carpenter	Barbara Levick	Jonathan Bromley
Treasurer	Steve Duhan	Pamela Hutchinson-Collins	Kit Marriott

The following positions were elected en bloc by **proposer** Paul Latham and **second** Roy Hamlet:

Position	Candidate	Position	Candidate
Speakers / Programme Lead	Peter Thompson	Research Lead	Kevin McFarthing
Membership Secretary	Nigel Hamilton	Newly Diagnosed Lead	Nick Wrigley
Fundraising Lead	Kit Marriott	Media	Paul Mayhew-Archer
Respite Care and Community Services	Pamela Hutchinson-Collins	AV/Digital Support	Jonathan Bromley
OXWAG Representative	Trina Wilcock	Branch Ambassador	Sally Bromley

Committee members: Lona Fedorowicz, Geoff Woodruff, Carys Redmond.

Associate members: Mark Jennings, David Salisbury.

Paul Latham was re-elected to the Committee by **proposer** Martin Cowell and **second** Diana Townsend.

- Abi White welcomed the new Committee
- The formal meeting closed
- Kevin McFarthing gave a report on current research progress

Reports to the 2025 Annual General Meeting

Full versions of the Chair's and Treasurer's reports are available online at oxfordparkinsons.org.uk/archive/records.

Summary of Chair's report for March 2024 – February 2025

Note: the full report, available online, includes detailed thanks to all members of the Committee, plus others who have supported the Branch's work over the year. This summary is limited to achievements and challenges.

Introduction

Described as 'outstanding' by Parkinson's UK CEO Caroline Russell, the Oxford branch has continued to thrive over the last twelve months. With a stalwart and well-connected Committee, we've offered our 250+ members a varied programme of social and exercise activities.

Key achievements during the year:

- We saved the Botley Big, Bold and Balance class, and the carers' coffee group along with it.
- We launched the Thrive in 2025 campaign, a fun and sociable way for everyone to try something new every month.
- OXWAG continued to support working age people who are affected by Parkinson's.
- We surveyed the Branch members in March 2024, which helped establish our priorities and gave us some great ideas for our 2025 speaker programme.
- We strengthened connections and shared information between carers, providing much-needed mutual support within our carer community.
- We collaborated with MuMo Creative to continue Dance for Parkinson's classes, bring back singing classes, and introduce the new Mindful Movement class.
- We provided the JR and every GP surgery in our Branch area with up to date Branch and Parky Pals leaflets, increasing our visibility in the community.
- We provided opportunities to socialise at our monthly Branch meetings and regular lunch events.
- We provided two *First Steps* courses for recently-diagnosed people with Parkinson's and their partners.

Key challenges:

- We're very proud of our Parky Pals befriending programme, so it's disappointing that there aren't (yet) many takers. We think that this is because it's not well advertised, so the recent GP leaflet drop may help this.
- Organising fundraising events takes a lot of skill, time and energy. Kit Marriott is stepping down from the Committee after many years of leading this, and our hardworking Committee doesn't have the bandwidth to mount major events and campaigns. We need to explore alternative ways to raise the funds that will keep our Branch thriving. And we'd love our members to [think of ways that they can fundraise individually](#), because every little helps!

Financial Summary – year ended 31 December 2024

Overall the branch received/raised **£19,959**

This has enabled the branch to:

- Continue to provide activities and support throughout the year for all our members
- Subsidise exercise classes and provide regular branch meetings, lunches and coffee chats
- Deliver increased respite care grants to more people

The essential numbers: Income and expenditure

Branch income analysis		Branch expenditure analysis	
Branch membership	£925	Transfer to PUK head office	£0
Income via PUK head office	£3,193	Fundraising costs	£2,098
Legacies income	£1,500	Campaigning and marketing	£268
Donations	£2,280	Branch/social meetings	£1,662
Fundraising	£6,782	Exercise activities	£7,229
<i>In memoriam</i> donations	£1,525	Holidays/outings	£12,244
Income from social and group activities	£50	Branch admin and other volunteer expenses	£163
Exercise/voice class contributions	£1,958	Respite care grants	£6,324
Holidays/outings	£11,405	Other items	£0
Interest on bank balance	£1,746		
TOTAL	£31,364	TOTAL	£29,988

Surplus or deficit?

Operating income	£31,364	Operating expenditure	£29,988
Less holiday/outings income	-£11,405	Less holidays/outings income	-£11,405
Net operating income	£19,959	Net operating expenditure	£18,583
Operating surplus	£1,376		

Start of year bank balance: £33,330

End of year bank balance: £34,706